

Hypertension

Core Clinical Topics – September 2008 – MDFMR

Objectives

By the end of the afternoon, residents will...

- Review diagnosis and management of hypertension in adults, children and pregnancy
- Practice physical exam skills intrinsic to the care of patients with hypertension
- Be introduced to alternative nutritional therapies that can be used to manage hypertension
- Reflect on their own practice and management of patients with hypertension
- Practice board-type questions related to hypertension
- Evaluate this conference!

Schedule

1:00 – 1:40 **Basics of hypertension** – case-based diagnosis, management basics

1:40 – 2:40 **Small Group Rotations** – 20 minutes each

#1 – Alternative Therapies & Nutrition	John Woytowicz & Persis Hope	ITS Room
#2 – The Retinal Exam	Alex McPhedran & Tim Pieh	Residents' room
#3 – HTN Physical Exam	Nate Harmon	V-Tel Room

2:40 – 3:00 **Snack time**

3:00 – 4:10 **Mini-Case Review & More**

Interns & Medical Students	Cheryl Seymour & Tim Pieh	ITS/VTel
----------------------------	---------------------------	----------

Years 2 & 3 – split into three groups	Colt, Woytowicz, & Lutrzykowski	Residents' room
---------------------------------------	---------------------------------	-----------------

4:15 – 4:45 **Jeopardy Board Review Questions**

4:45 – 5:00 **Complete feedback form and finish snacks!**

SMALL GROUPS and Rotation Schedule

#1 - Alternative Therapies

#2 – The Retinal Exam

#3 – HTN Physical Exam

ITS Room

Residents' room upstairs

V-Tel Room

	1:40 – 2:00	2:05 – 2:25	2:30 – 2:55
<p>Group A</p> <p>Kate Barus Mandy Campbell Amber Hendricks Andrea Abrell Darryl Bates Loveena Singh Katje Musgrave Kristen Mitchell Gina Hoang Gretchen Andrew Diedre Heersink</p>	<p>Alternative Therapies ITS Room</p>	<p>The Retinal Exam Residents' Room</p>	<p>HTN Physical Exam V-Tel Room</p>
<p>Group B</p> <p>Katherine Tiberghien Adam Duquette Aaron Davis Dan Gibbons Selma Holden Giang Nguyen Sarah Spencer Leisa Maxwell Tom Leeson Nidhi Jain Lalaine Llanto Jon Karnes</p>	<p>HTN Physical Exam V-Tel Room</p>	<p>Alternative Therapies ITS Room</p>	<p>The Retinal Exam Residents' Room</p>
<p>Group C</p> <p>Kate Lewis Lauren Traynor Dianna Baker Anne Jones Dustin Sulak Irfan Ali Chris Edwards Kelley Harmon Kirill Berejnoi Natalie Karishev Mubina Nasrin</p>	<p>The Retinal Exam Residents' Room</p>	<p>HTN Physical Exam V-Tel Room</p>	<p>Alternative Therapies ITS Room</p>